

HOW? By transferring Whole-Life values through coaching!

Soccer Skills

Life Skills

First Touch

Self-Control

Short Passing

Connectedness

Long Passing

Serving One Another

Shielding

Respect Each Other

Shooting

Responsibility

Heading

Courage

Dribbling

Confidence

Running With The ball

Sense of Urgency

Goalkeeping

Focus

Individual Defending

Watchfulness

Team Defending

Loyalty

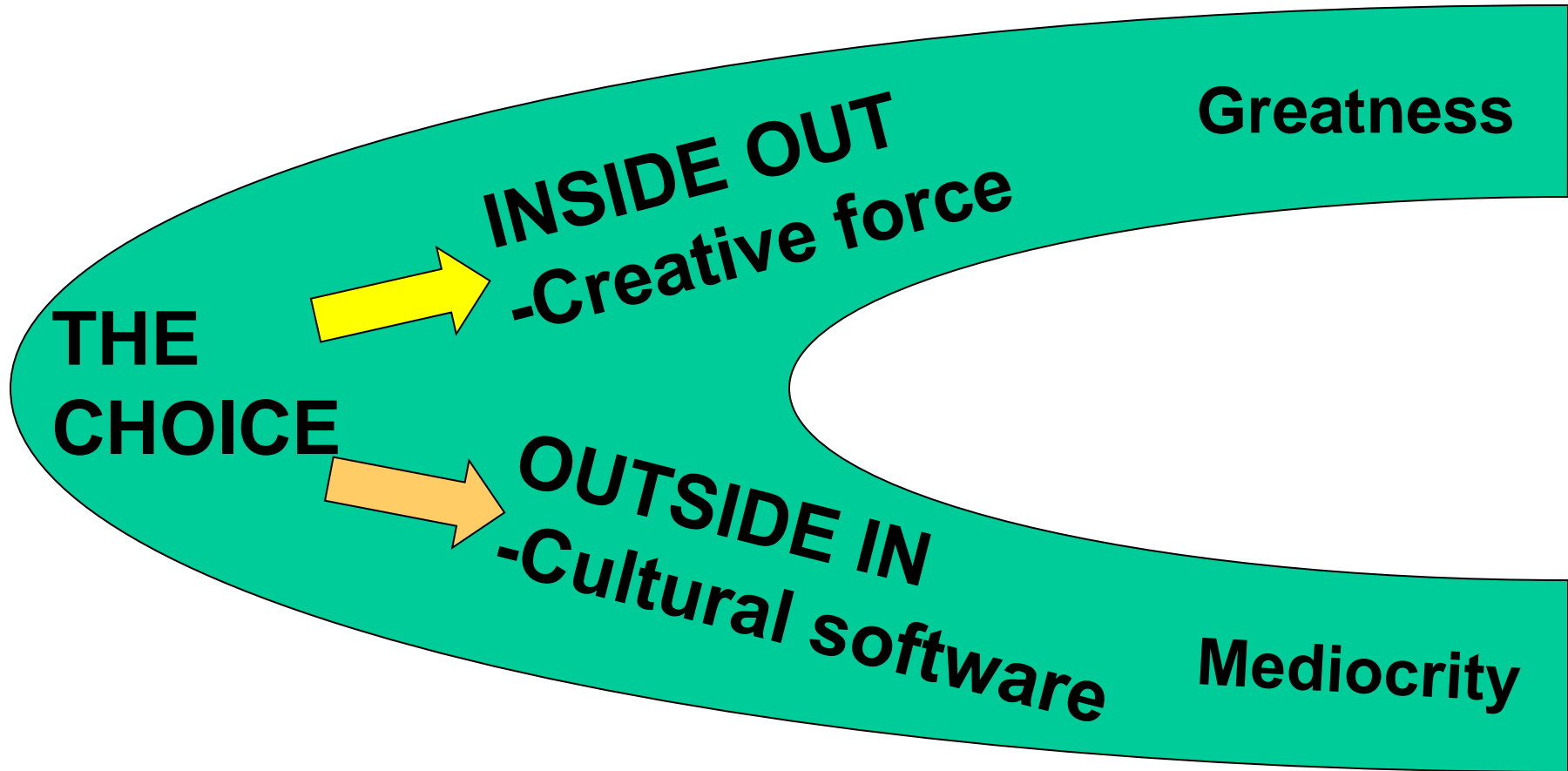
Attacking As A Team

Creativity

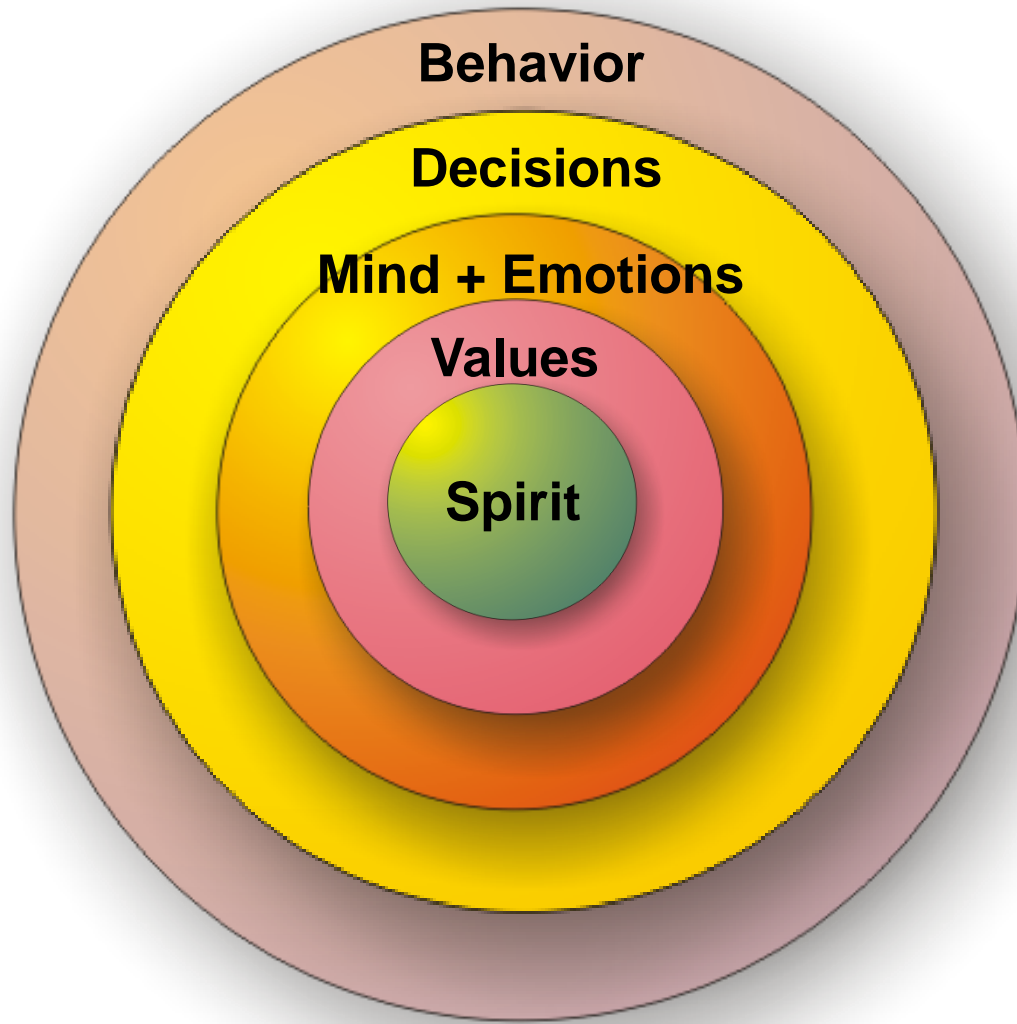
...Towards Whole Life living...



Finding The Voice

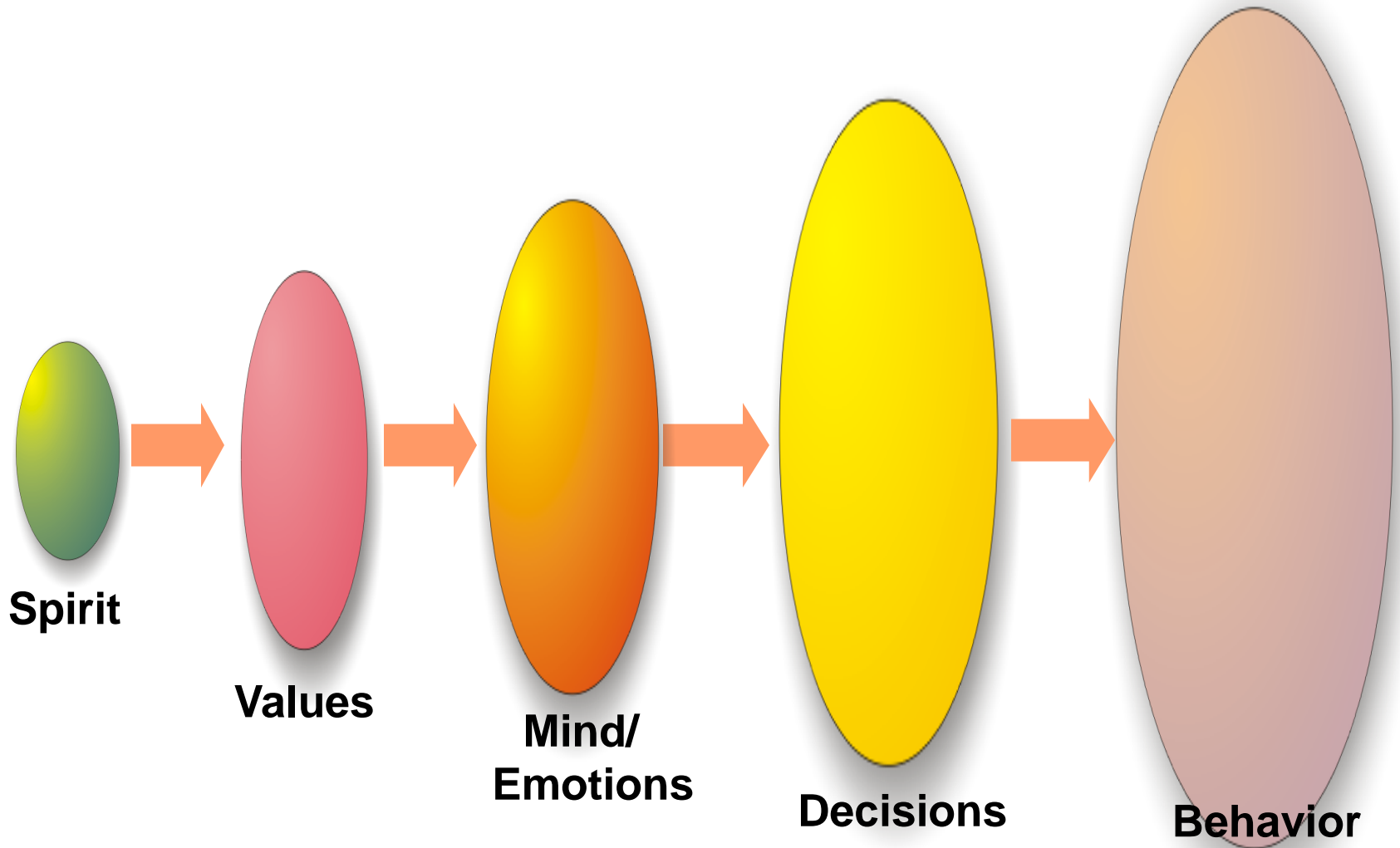


Sport is more than the Physical...

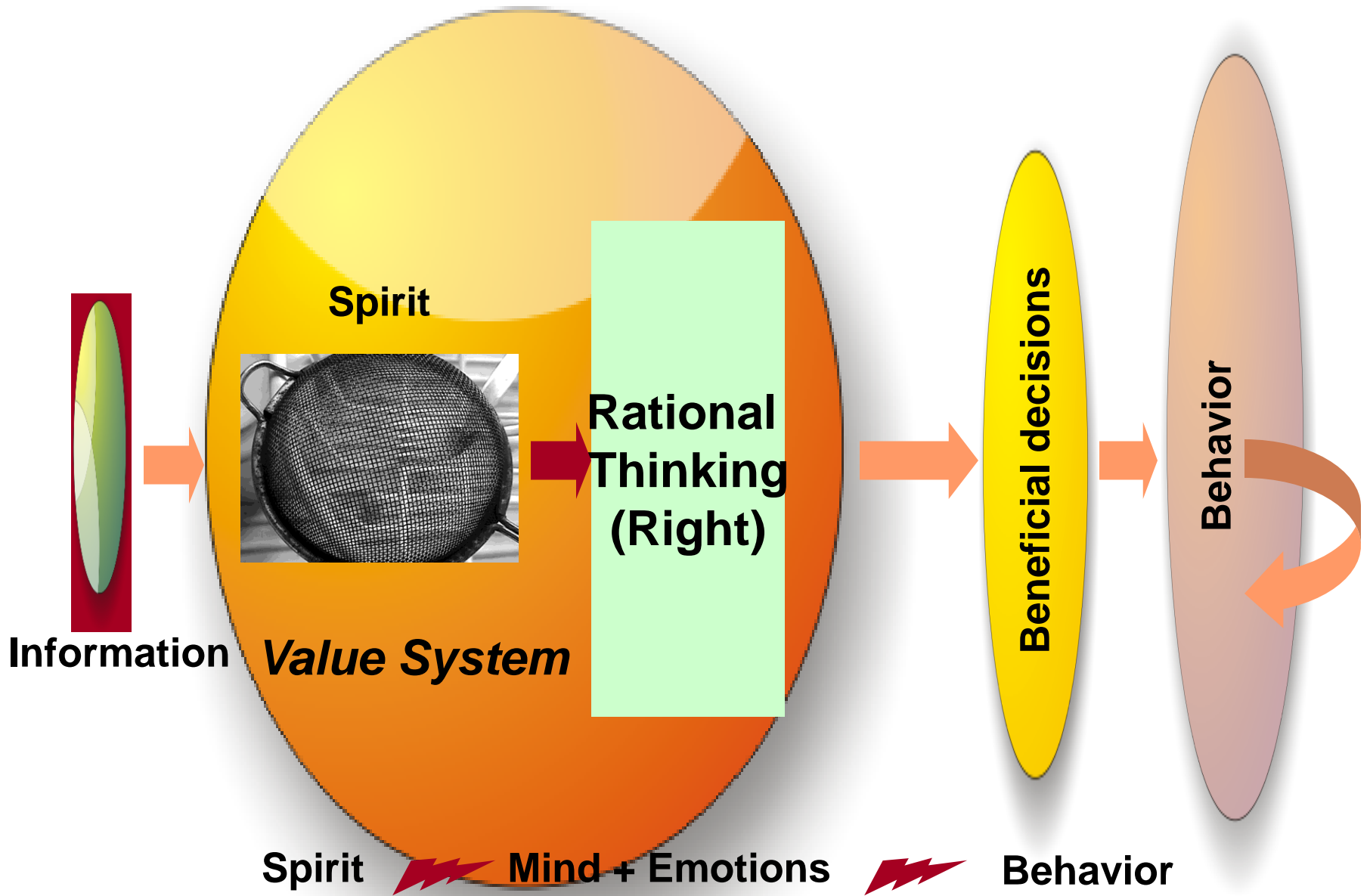


We should live from the inside out!!

Sport is more than the Physical...



We should live from the inside out!!

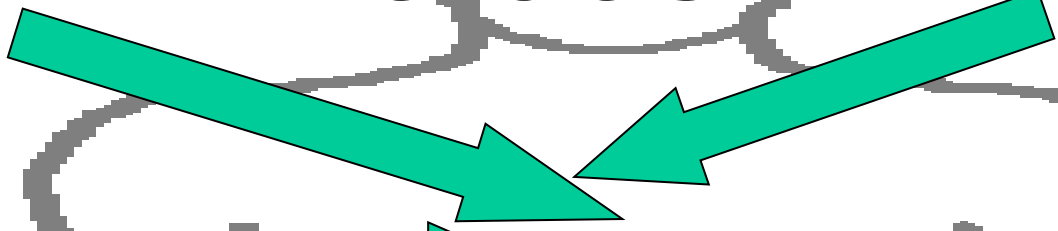


We should live from the inside out!!

Voices!

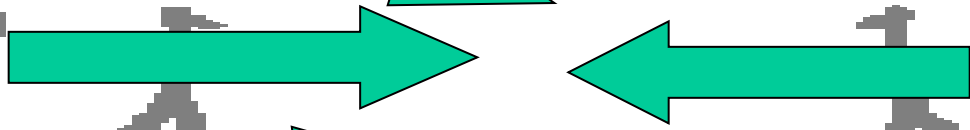
Genetic heritage

Hurts

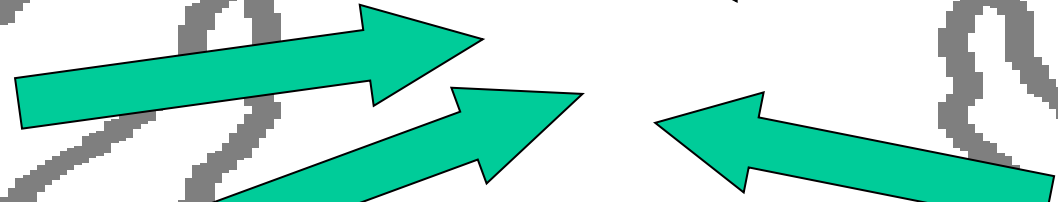


Education

Work culture

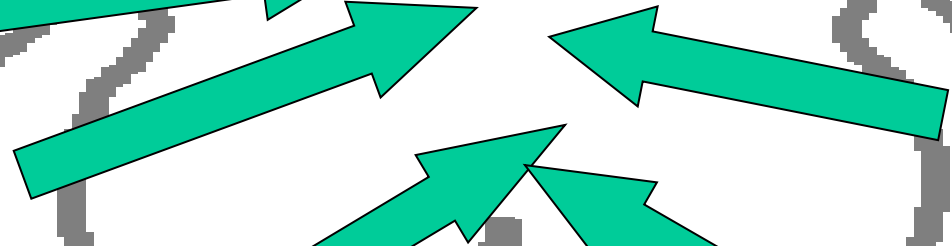


Social profile



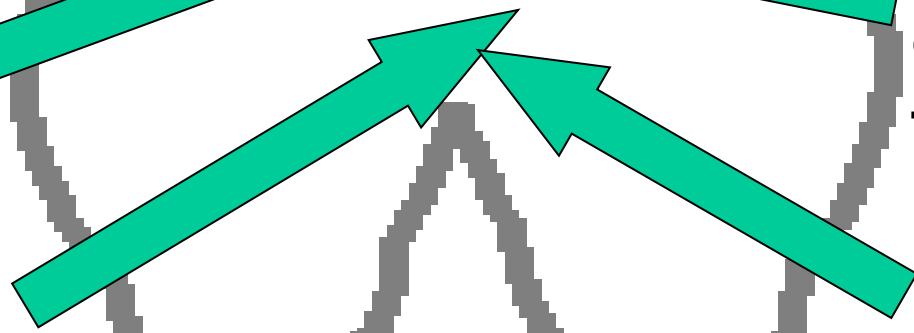
Culture of nation

Good or bad fortune



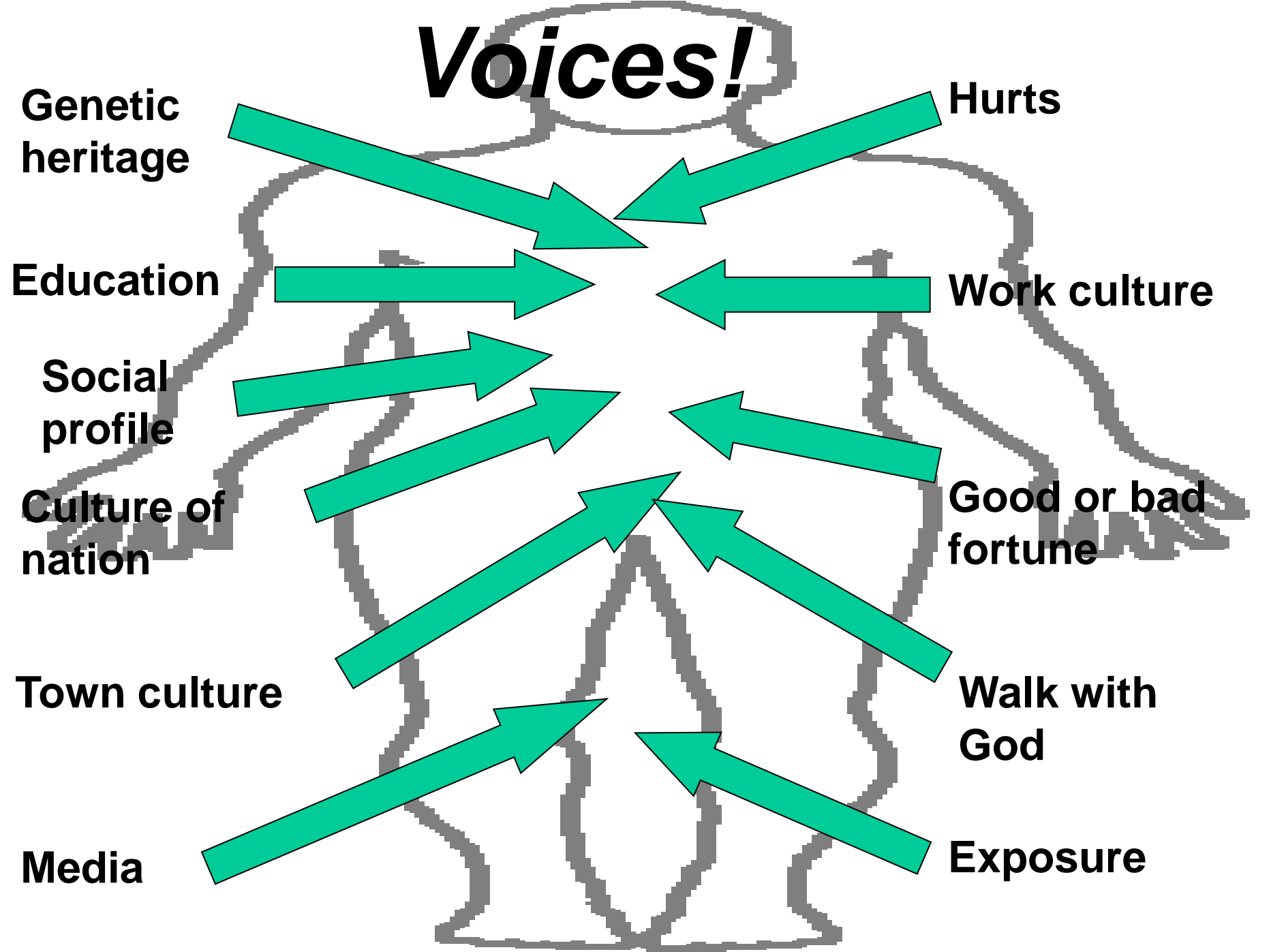
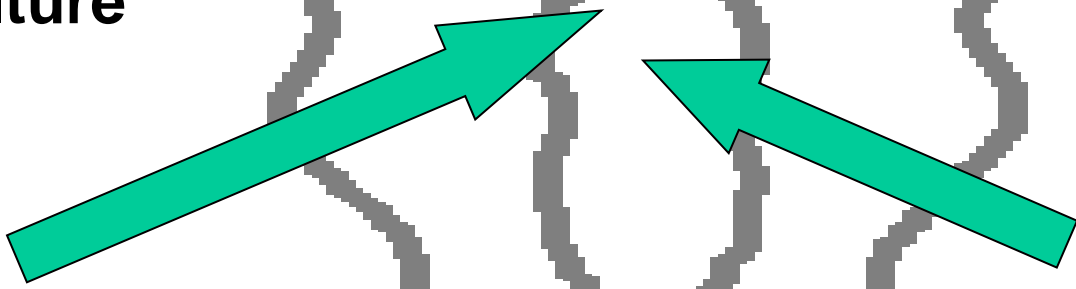
Town culture

Walk with God



Media

Exposure



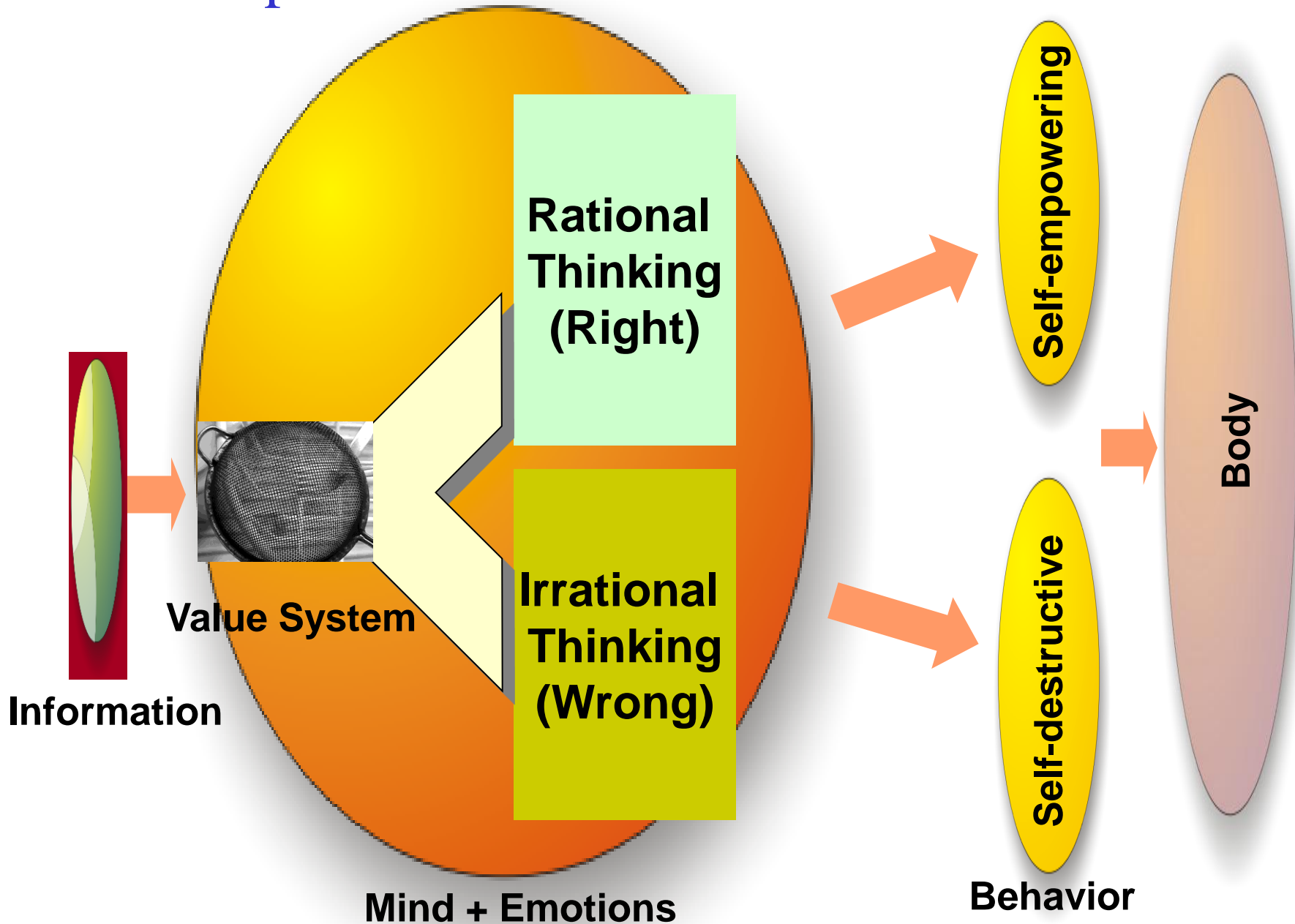
World view / Paradigms.

	Animism	Theism	Secularism
<i>Reality</i>	Consciousness of spirits	God related to creation	Man and nature/matter
<i>Ultimate reality</i>	Spiritual	Personal	Physical
<i>Economic system</i>	Worshipper	Steward	Consumer
<i>Time frame</i>	Past	Future	Present
<i>T-concept</i>	Cycles	Kairos/esch	Chronos
<i>History</i>	Cyclical/History happens	History moves somewhere	Time is running out

World view / Paradigms.

	Animism	Theism	Secularism
<i>Work</i>	To survive	To glorify God	To consume
<i>Ethics</i>	Amoral	Moral absolutes	Feelings determine morality
<i>Knowledge</i>	Ignorance is a virtue/ Mysticism	Truth is absolute/ Revelation	Relativism/ Rationalism
<i>Man</i>	Ghost	Spirit, soul, body	Soul/body (Mouth?)
<i>People</i>	Communalism /Other	Community/ God	Individualism/ Self

The process that determines behavior



Irrational Thinking (Wrong)

- 1) All-or-none thinking.
- 2) I-will-not-be-able-to thinking.
- 3) Forever thinking.
- 4) Negative thinking.
- 5) Depreciating compliments thinking.
- 6) All-ness and never-ness thinking.
- 7) Minimizing.
- 8) Emotional reasoning.
- 9) Over-generalizing.
- 10) Personalizing.
- 11) I'm-not-real thinking.
- 12) Perfectionism.



Self-destructive

Body

Mind + Emotions

Behavior

Information

Irrational Thinking (Wrong)

- 1) I must do well or very well!
- 2) I am a bad person when I act stupidly
- 3) I must be accepted by people I find important.
- 4) I am an unlovable person if I get rejected.
- 5) People must treat me fairly and give me what I need
- 6) People must live up to my expectation or it is terrible!
- 7) I can't stand difficult people!
- 8) It's horrible when major things do not go my way.
- 9) I can't stand it if life is really unfair!
- 10) I need to be loved by someone who matters a lot
- 11) I need to have a good deal of immediate gratification.

Rational Thinking (Right)

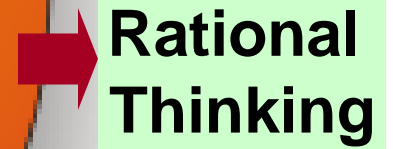
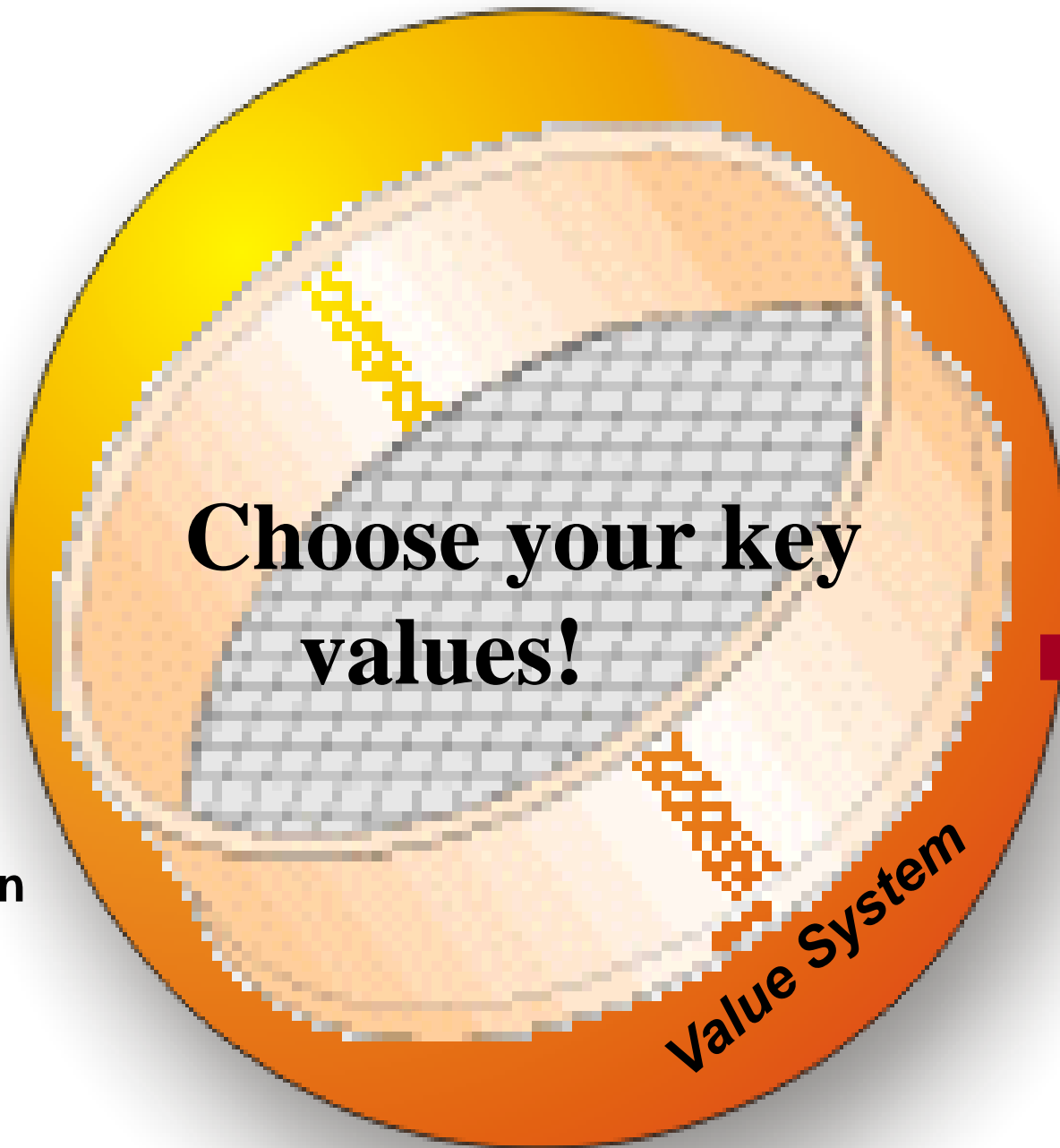
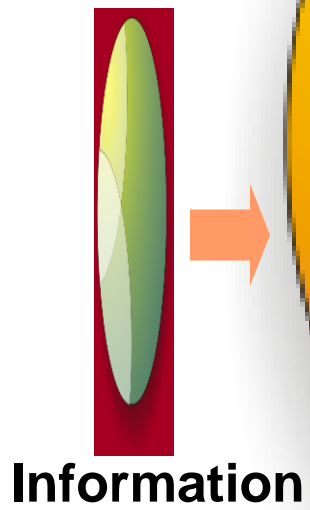
- 1) I must do the best I can.
- 2) I am a good person even if I do stupid things
- 3) I feel privileged to be accepted by people I find important.
- 4) I am loved although some people reject me.
- 5) I must treat other people fairly and give them what they need.
- 6) People should live up to God's expectation or it is terrible!
- 7) Difficult people just have different perspectives!
- 8) Life is great despite major things that do not go my way.
- 9) Life is often unfair, but I can stand it.
- 10) I must love the people who matters a lot to me.
- 11) I can wait for gratification.

Mind + Emotions

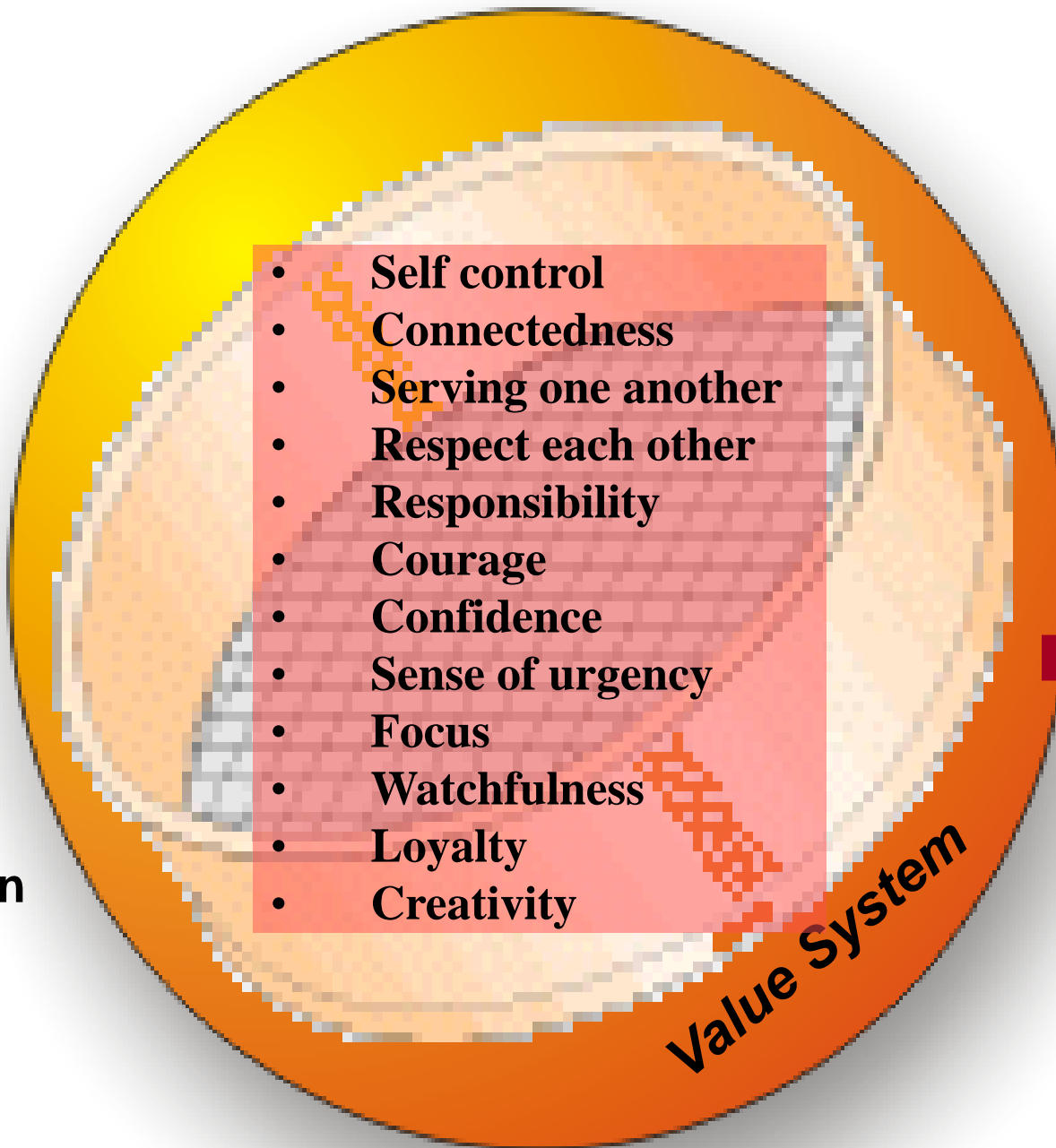
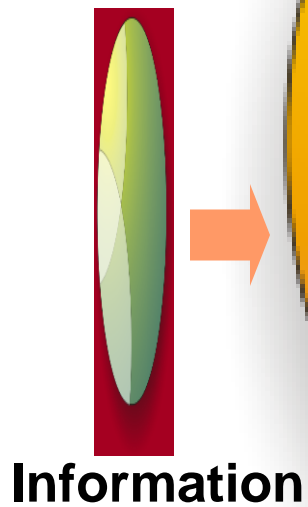
Behavior

Self-destructive

Body

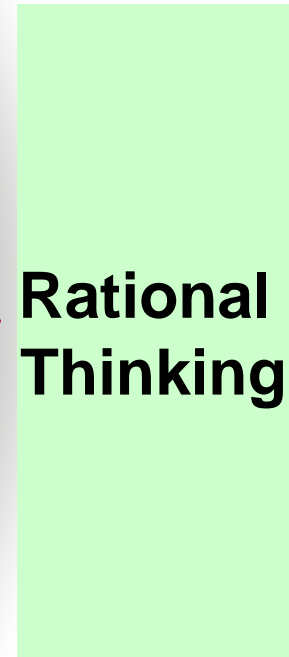


Spirit



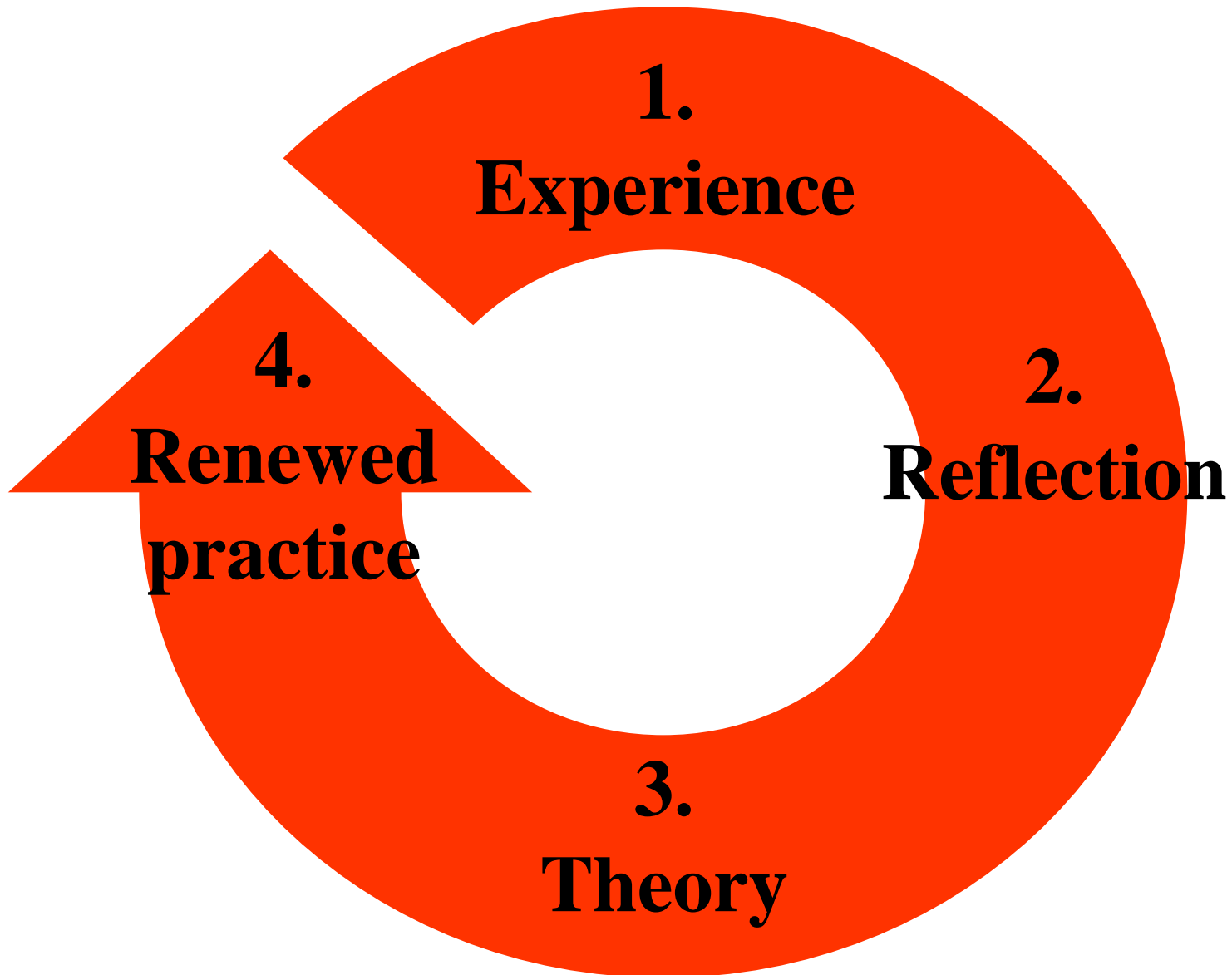
- **Self control**
- **Connectedness**
- **Serving one another**
- **Respect each other**
- **Responsibility**
- **Courage**
- **Confidence**
- **Sense of urgency**
- **Focus**
- **Watchfulness**
- **Loyalty**
- **Creativity**

Value System



Spirit

Experiential Learning Cycle



Irrational Thinking (Wrong)

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Informa

Mind + Emotions

Self-destructive

Behavior

Body

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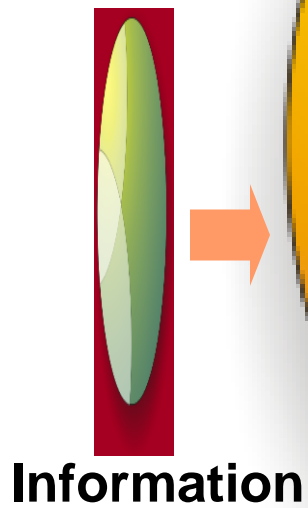
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Self-empowering

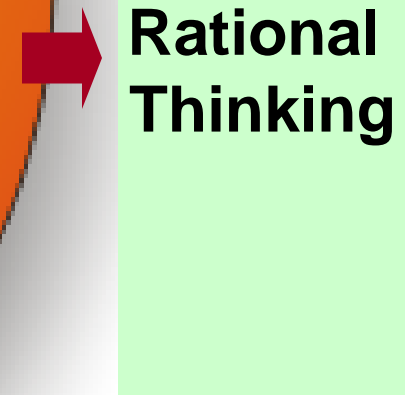
Body

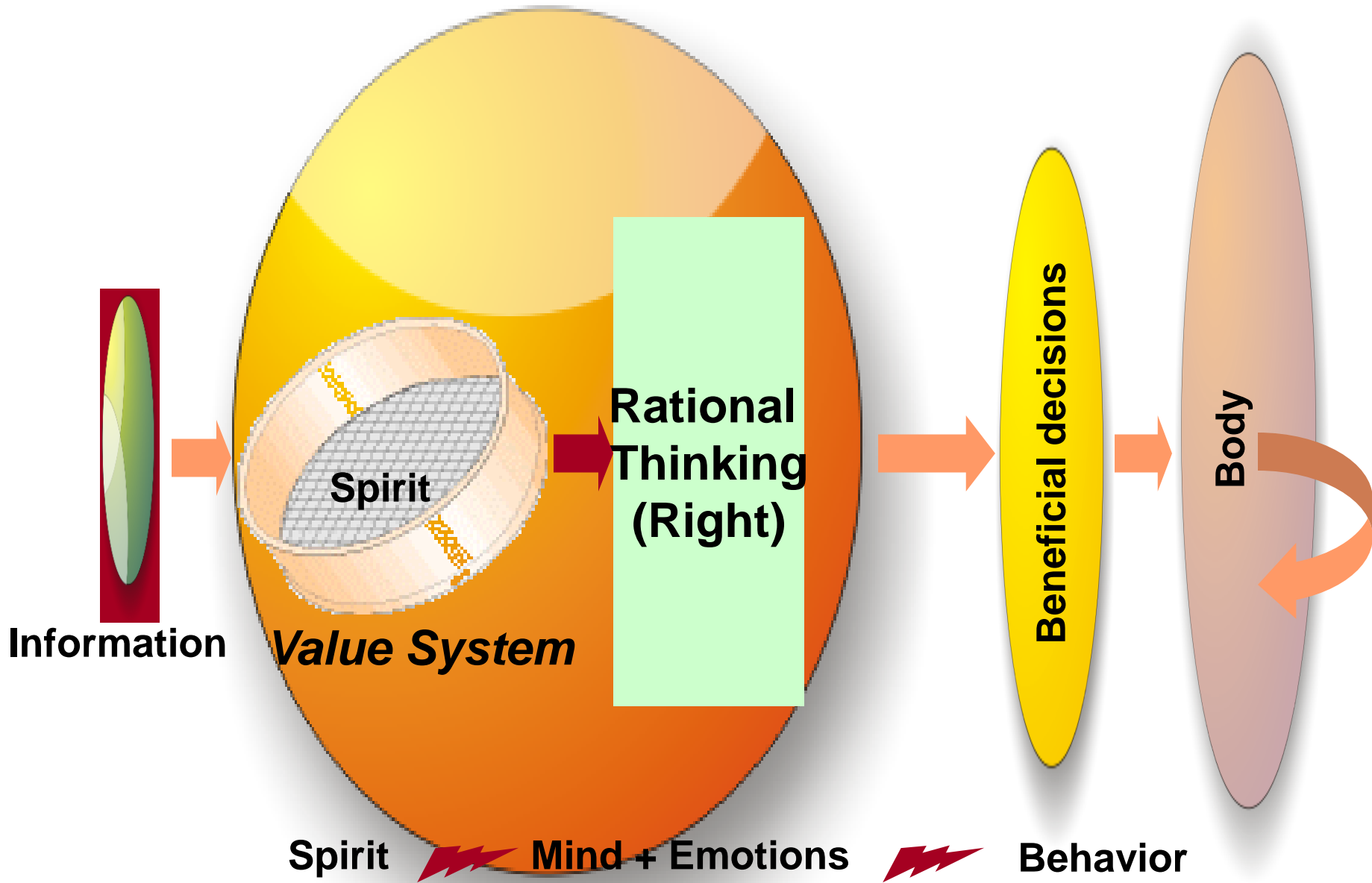
Mind + Emotions

Behavior



Spirit



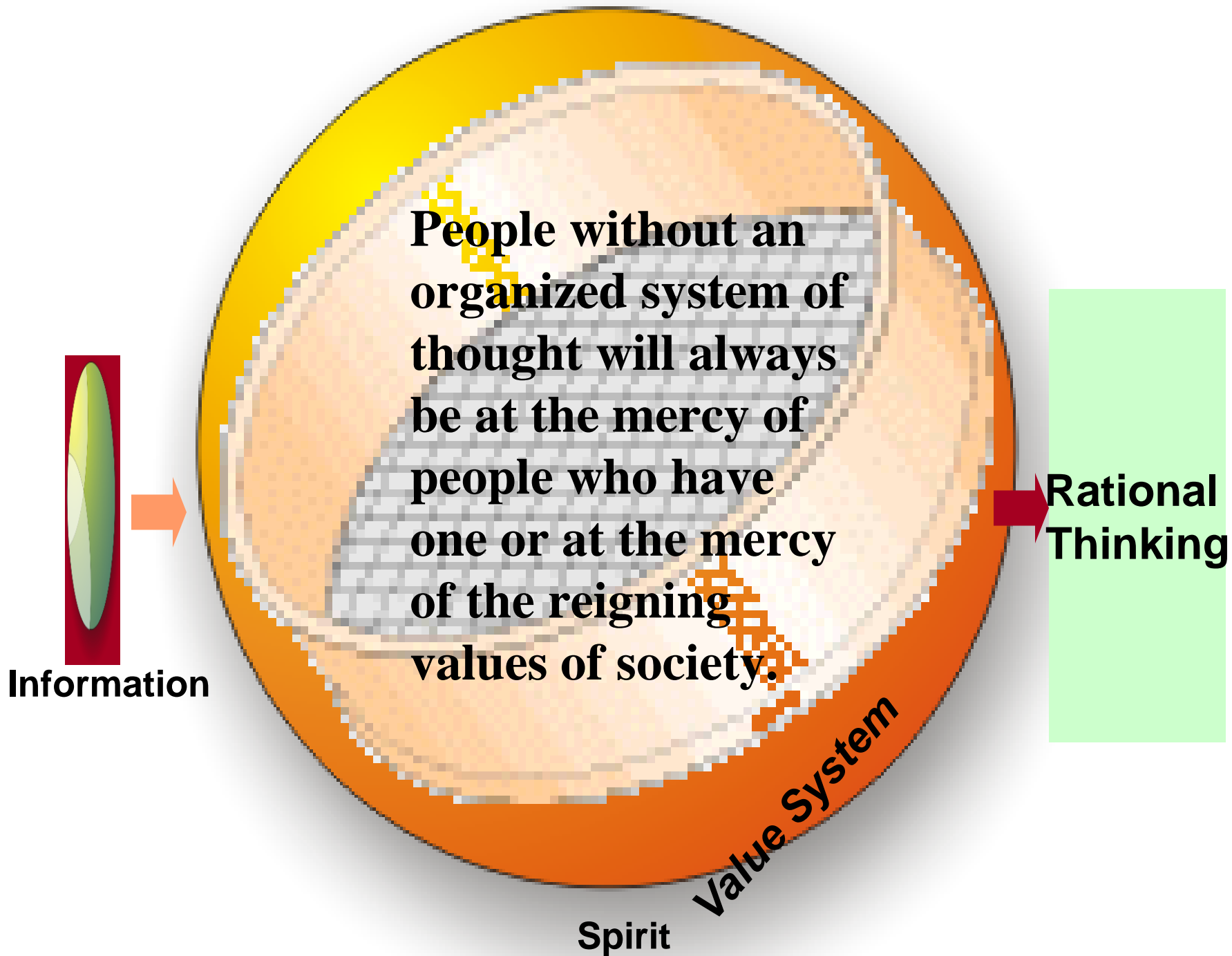


We should live from the inside out!!

“The future is not a place to be found,
but something to create. The paths to
the future are not found, they are made.
In the process of making those paths,
both the maker and the destiny will be
changed.”

”You cannot grow noble in the society of those who never feel a noble sentiment or give birth to a fine thought; whose talk is of sport, or intrigue, or cattle, or money; whose one ambition is fine company, and whose god is gold.”

People without an organized system of thought will always be at the mercy of people who have one or at the mercy of the reigning values of society.



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Information

Spirit

Value System

Rational Thinking

Everyone is welcomed!

